

**Saturday, October 7, 2006
Day-At-A-Glance**

Time	S.S. Meteor/Mamie
9:00 am – 10:15	SA1 APE: Rich Schroeder – “Practical Applications of Exercise Science and Nutrition Research”
10:30 – 11: 45	SA2 APE: Jim Haynes – “Revisiting the APE Handbook and Minimal Qualifications”
1:00 – 2:15 pm	SA3 APE: Stacey Palmer-Henderson – “Bridging the Gap” – Transitioning from High School to Higher Education
2:30 – 3:45 pm	SA3 APE: Lee Miller-Parks “ Disruptive Behavior and Termination of Services”
4:00 - 5:00 p.m.	SA4 APE: Haynes / Parks “ APE CIG Business meeting

Saturday, October 7

Pre-Convention Sessions and Events

9:00 am – 10:15 am

S.S. Meteor/Mamie

ADAPTED Physical Education Training

SA1 APE: Practical Applications of Current Research from Exercise Science and Nutrient for the Adapted Physical Educator

This session will look at current trends in exercise science, health, wellness, and nutrition. Practical applications of research for physical educators to enhance your students' well being will be discussed. This session will include information on bioenergetics, diets, weight loss, physical fitness and lifestyle modification to improve quality of life and decrease risk of lifestyle diseases. Current diets will be discussed along with activity and exercise recommendations.

Rich Schroeder, DeAnza College

10:30 – 11:45 am

S.S. Meteor/Mamie

SA2 APE: Revisiting the APE Handbook and Minimal Qualifications

In 2002 a task group of adapted physical educators developed the handbook that provided the field with the best information and resources available, including the definition, history, philosophy, operation, funding, and models of Adapted Physical

Education. It is time to revisit the handbook and discuss the minimum qualifications required to teach Adapted Physical Education in California's Community Colleges.

Jim Haynes, DeAnza College

1:00 – 2:15 pm

S.S. Meteor/Mamie

Strand: APE

SA3 APE: "Bridging the Gap" – Transitioning from High School to Higher Education

Transition from High School to a Higher Education level of learning for our Adapted Physical Education students is often left unaccomplished due to a number of reasons. Members of the State Council for Adapted Physical Education (SCAPE) are working on "Bridging the Gap". This presentation will discuss what has been done on this transitional level.

Roxanne Patin, State Council on
Adapted Physical Education (SCAPE)

Jody Rose-Dressier, Chair for the
State Council on Adapted Physical
Education



2:30 – 3:45 pm

S.S. Meteor/Mamie

SA4 APE: Disruptive Behavior and Termination of Services

The discipline of Adapted Physical Education is constantly being shaped by organizational and legal influences. This presentation will explore ideas and templates for dealing with disruptive behavior and leading to termination of APE services. Disruptive behavior and incidents which lead to termination of services has always been a recognized problem for the APE professional. This session seeks to explore avenues which the Adapted Physical Education professional may utilize.

Lee Miller Parks, Ph.D., Adapted Physical Education Instructor/Specialist, Glendale Community College.

4:00 – 5:00 pm

S.S. Meteor/Mamie

SA4 APE CIG Business Meeting

Haynes/Parks

Tomorrow's Events Include...

Breakfast in Atriums II & III

APE Sessions

New Directors Training

LD CIG Workshop

APE CAPED Scholarship Golf Tournament

Executive Board Meeting

